

## Nurse-Family Partnership *in Arizona*



Nurse-Family Partnership® (NFP) is an evidenced-based community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse to receive home visits from early in pregnancy through the baby's second birthday. Mothers, babies, families and communities all benefit.

### NURSE-FAMILY PARTNERSHIP GOALS

- 1** Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets and reducing their use of cigarettes, alcohol and illegal substances.
- 2** Improve child health and development by helping parents provide responsible and competent care.
- 3** Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

**91%** babies born full term

**94%** mothers initiated breastfeeding

**91%** babies born at a healthy weight (5.5 lb)

### POSITIVE OUTCOMES FOR Arizona

*Cumulative data as of 12/31/16, clients served by Arizona's Nurse-Family Partnership.*

### MOM'S DEMOGRAPHICS AT ENROLLMENT

● **MEDIAN AGE: 20**

● **83% UNMARRIED**

● **64% RECEIVE MEDICAID**

*cumulative as of 12/31/16*

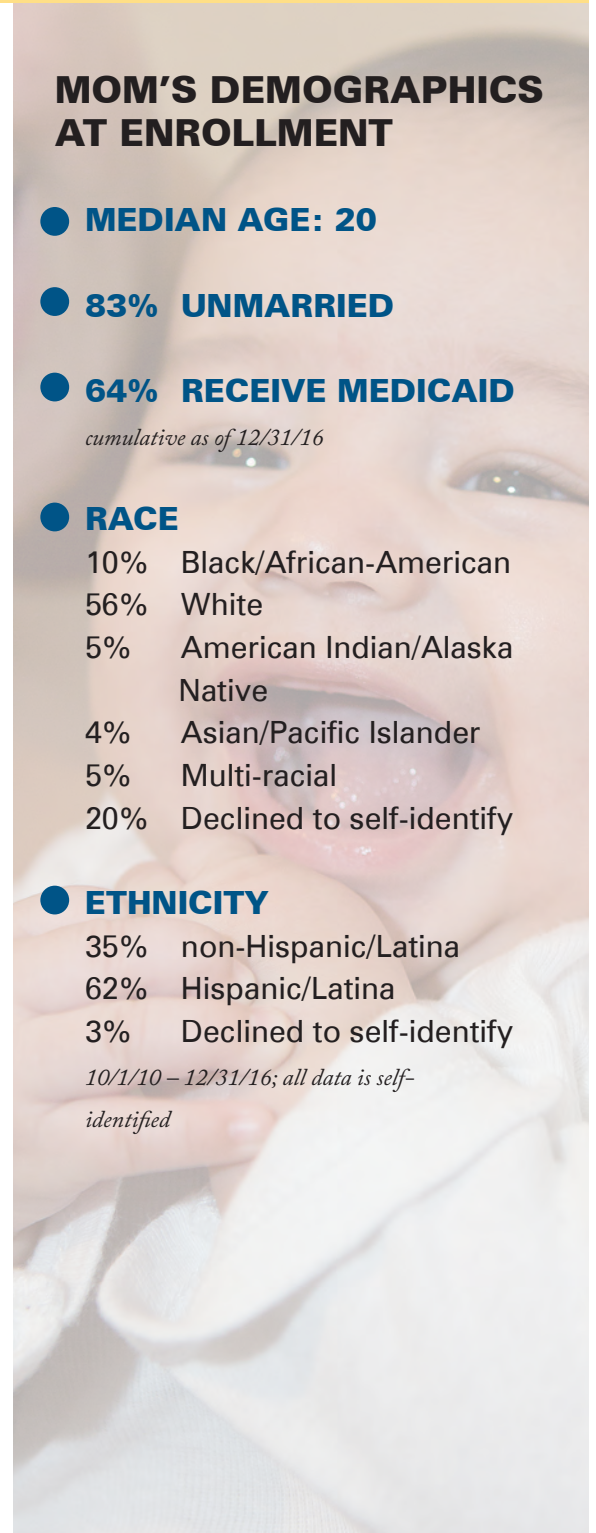
#### ● RACE

- 10% Black/African-American
- 56% White
- 5% American Indian/Alaska Native
- 4% Asian/Pacific Islander
- 5% Multi-racial
- 20% Declined to self-identify

#### ● ETHNICITY

- 35% non-Hispanic/Latina
- 62% Hispanic/Latina
- 3% Declined to self-identify

*10/1/10 – 12/31/16; all data is self-identified*



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**Established In 1999**  
**9517 Families Served**  
**2 Counties Served**  
**5 Agencies**

**Based on a review of 41 NFP evaluation studies, Dr. Ted Miller of the Pacific Institute for Research and Evaluation predicts that nationwide every dollar invested in NFP will yield a return on investment to government of \$2.90 and to society of \$6.40.**

### **NFP IN ARIZONA**

In 2009, the Maricopa County Department of Public Health partnered with Southwest Human Development, a non-profit agency, to bring NFP to families in South Phoenix and Maryvale, and Casa de los Ninos and the Easter Seals Blake Foundation, collaborated to serve families in the greater Tucson area. In 2013 the Pima County Health Department extended the reach of NFP to rural and remote areas of Pima County and the Tohono O'odham Nation.

### **FUNDING AND POLITICAL CONTEXT**

Funding for the Phoenix, Tucson, and Pima County NFP sites come from the Arizona Department of Health Services through the federal Maternal, Infant Early Childhood Home Visiting program. Grants from Regional First Things First Councils also fund the Tucson and Phoenix NFP teams.

### **NATIONAL RECOGNITION**

**"Programs such as the Nurse-Family Partnership — in which nurses visit first-time, low-income mothers to provide information on nutrition and parenting — may be a more focused (and cost-effective) way to increase the school readiness of at-risk kids."**

*Michael Gerson, "Discipline, With Love," The Washington Post, Oct. 2, 2014*

**"...the Nurse-Family Partnership, one of my favorite groups fighting poverty in America. It sends nurses on regular visits to at-risk first-time moms. The nurses warn about alcohol or drug abuse and encourage habits of attentive parenting, like reading to the child."**

*Nicholas Kristof, "Cuddle Your Kid!" The New York Times, Oct. 20, 2012*

*"Another example is the Department of Health and Human Services' Home Visiting Program. It funds evidence-based approaches to home visiting, such as the Nurse Family Partnership, to help first-time, low-income mothers ensure their children are healthy and ready to learn. As a result, more disadvantaged mothers are receiving quality help at a critical period in their children's lives."*  
*- American Enterprise Institute, February 2017*



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