



STATE PROFILE 2013



NURSE-FAMILY PARTNERSHIP IN ARIZONA

Nurse-Family Partnership® (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child’s second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield more than five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

Positive Outcomes for Clients Served by Arizona’s Nurse-Family Partnership

91% of babies were born full term and 91% were born at a healthy weight - at or above 2500 g (5.5 lbs)

93% of mothers initiated breastfeeding and 38% continue to breastfeed at child age 6 months

39% decrease in smoking during pregnancy

CLIENT DEMOGRAPHICS

At intake

- Median age: 19
- 82% Unmarried
- 55% Medicaid recipients
- Cumulative data as of Sept. 30, 2012

Race

- 62% White
- 18% Declined to self-identify
- 7% Black or African American
- 5% Multi-racial
- 4% American Indian/Alaska Native
- 3% Asian
- 1% Native Hawaiian/Pacific Islander

Ethnicity

- 62% Hispanic/Latina
- 35% Non-Hispanic/Latina
- 3% Declined to self-identify/ No response

Data Oct. 1, 2010 - Sept. 30, 2012.
All data is client self-identified.



In Arizona, Nurse-Family Partnership is currently serving families in the following areas: Mayville, South Phoenix, Tucson and the counties of Maricopa, Pima and Yavapai.

IMPLEMENTING AGENCY CONTEXT

In 2009, the Maricopa County Department of Public Health partnered with the non-profit Southwest Human Development agency to serve families in South Phoenix and Mayville, and two non-profit agencies in Tucson, Casa de los Ninos and the Easter Seals Blake Foundation, came together to begin serving families in Pima County. Each of these agencies has a long history of being responsive to community needs and providing a continuum of necessary services to pregnant women and children in the county.

FUNDING CONTEXT

In Arizona, the NFP program serves clients in the Phoenix area through sites at the Maricopa County Department of Health and South West Human Development. In Tucson, Casa de los Ninos and Blake Foundation/Easter Seals are NFP agencies. In Prescott, the NFP program is part of the Yavapai County Department of Health.

Funding for both the Phoenix and Tucson NFP sites is provided by the Arizona Department of Health Services through the federal Maternal, Infant Early Childhood Home Visiting program and with grants from Regional First Things First Councils. In Prescott, NFP is funded by a grant from the Yavapai Regional First Things First Council.

PUBLIC HEALTH PROGRAM WITH PROVEN AND MEASURABLE RESULTS

Societal Benefits

Nurse-Family Partnership is a rare community health program that has been documented to achieve lasting and significant effects through multiple, well-designed randomized, controlled trials. More than 35 years of research proves that it works. This evidence shows our clients – low-income, first-time mothers – that if they follow the program and work with their nurse, they can transform their lives and the lives of their children. Moreover, independent policy research makes clear that every public health dollar policymakers and communities invest in Nurse-Family Partnership could realize more than five dollars in return.

National Recognition

- The Washington State Institute for Public Policy, The RAND Corporation and The Brookings Institution have concluded that investments in Nurse-Family Partnership lead to significant returns to society and government, giving



taxpayers a \$2.88-5.70 return per dollar invested in the program.

- The Office of Juvenile Justice & Delinquency Prevention (OJJDP) recognizes Nurse-Family Partnership as an Exemplary Model Program.
- The non-profit, non-partisan Coalition for Evidence-Based Policy finds “strong evidence of effects on life outcomes of children and mothers” by Nurse-Family Partnership.
- The Partnership for America’s Economic Success finds investments in early childhood programs, such as Nurse-Family Partnership, to be stronger investments than state business subsidies when viewed from a long-term, national perspective.

ESTABLISHED: 2006
FAMILIES SERVED: 1303



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